



St John

Low Voltage Rescue and CPR

This course equips participants with the skills and knowledge required to perform a rescue from live low voltage (LV) electrical apparatus in an electrical industry environment. The course also covers performing cardiopulmonary resuscitation in accordance with the Australian Resuscitation Council (ARC) guidelines relevant to both workplace and community scenarios

This course covers the following accredited courses:

- HLTAID009 Provide cardiopulmonary resuscitation
- UETDRMP018 Perform rescue from a live low voltage panel

ENTRY REQUIREMENTS

Participants interested in enrolling in this course:

- Must provide a valid Unique Student Identifier (USI) at the time of enrolment.
- Must provide photo identification
- Must have physical ability to rescue casualty.
- Must be able to perform CPR on a manikin on the floor for 2 minutes.
- Must have access to a reliable device (e.g., computer, laptop, or smart phone) connected to the internet for courses with pre-learning.
- Must complete pre-learning before coming to class as topics covered in pre-learning are not covered in the classroom.
- Must have sufficient language, literacy, numeracy and digital (LLND) skills to understand safety procedures, follow instructions, and effectively participate in assessments and practical rescue tasks.

PRE-REQUISITE REQUIREMENTS

- HLTAID009 Provide cardiopulmonary resuscitation

Participants must have successfully completed HLTAID009 before commencing UETDRMP018 Perform rescue from a live low voltage panel.

COURSE DURATION AND DELIVERY MODES

St John offers the following options:

- **6 hours face to face workshop:** This is a full face to face course and participants are required to attend the full workshop.
- **5.25 Hours (face to face workshop with pre-learning):** This is face to face course with online pre-learning. Participants **MUST** complete the pre-learning module prior to attending the face-to-face workshop.

COURSE FEES

Please visit www.stjohn.org.au or call 1300 ST JOHN for pricing related information.





Low Voltage Rescue and CPR

COURSE OUTLINE

- DRSABCD action plan
- Responding to emergency situation
- Managing unconscious breathing casualty
- Cardiopulmonary resuscitation (CPR)
- Using a defibrillator (AED)
- Introduction to low voltage principles
- Legislative requirement for or the performance of Live Work as stated in the Electrical Regulations
- Rescue requirements, hazard identification, risk assessment, and control measures
- Burns treatment
- Isolation procedures, voltage confirmation, and safe approach distances
- Selection, inspection, and use of rescue equipment and PPE
- Performing a safe rescue from a live low voltage (LV) panel in line with workplace requirements.

TARGET AUDIENCE

This course is designed for individuals working in or preparing to enter the electricity supply and electrotechnology industries who are required to maintain current skills in Low Voltage Rescue (LVR) and Cardiopulmonary Resuscitation (CPR). It is relevant for:

- Electricians, lines workers, switchboard and service technicians, and apprentices/trainees.
- Workers in environments with live LV panels, where lockout, isolation, and emergency response procedures are required.
- Personnel required to demonstrate competency in safe, time-critical LV rescue in line with WHS/OHS, industry standards, and workplace procedures.

Workplace Application:

- Meets duty of care requirements under Work Health and Safety (WHS)/Electrical Safety legislation
- Satisfies employer obligations for workplace first aid and emergency response provision
- Aligns with Safe Work Australia guidelines and model codes of practice.

CERTIFICATE

On successful completion of this course, you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- UETDRMP018 Perform rescue from a live low voltage panel



NATIONALLY RECOGNISED
TRAINING



Low Voltage Rescue and CPR

CURRENCY

St John Ambulance advises, in accordance with The Safe Work Australia model Code of Practice: First Aid in the Workplace and the guidelines of the Australian Resuscitation Council resuscitation skills are renewed every 12 months. LVR refresher training is required annually. This is in accordance with AS/NZS 4836:2011, which outlines the safe working practices for electrical work, requiring electricians to keep their skills current.

ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

Support Available:

Support is available to all learners throughout their course. If you need assistance or experience challenges with Language, Literacy, Numeracy, or Digital (LLND) skills, please reach out to us. Reasonable adjustment is available to support individual learner needs and ensure fair access to training and assessment.

LOCATIONS

St John delivers courses nationally and across many locations in Australia. Choose location as per your needs.

- PUBLIC (at a venue near you)
- CUSTOMISED (on-site consultation)
- ONSITE (at a venue of your choice)
- ONLINE (training delivered online from our e-Learning platform)

DELIVERY BY ST JOHN'S THIRD PARTIES

St John Ambulance Australia's courses are delivered by way of third-party arrangements (e.g. with State or Territory St John Ambulance organisations). Our third-party agents deliver nationally accredited training and assessment on behalf of St John Ambulance Australia Ltd. (TOID 88041). Contact details for St John's third-party organisations are available from www.stjohn.org.au or call 1300 ST JOHN.

PARTICIPANT HANDBOOK

Download the Participant's Handbook from www.stjohn.org.au for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy of information. We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the Training Office in your area
1300 ST JOHN (1300 785 646) or visit www.stjohn.org.au



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